



ANNUAL WINE, CHEESE & CHOCOLATE:

A Widow's Alternative
to Valentine's Day

FEBRUARY 14, 2024
6:30 PM



**PAISLEY
PROJECT**

The Widow's Alternative to Valentine's Day

THERE IS NOTHING BETTER THAN A FRIEND UNLESS IT'S A FRIEND WITH CHOCOLATE.

—CHARLES DICKENS

The first of these gatherings was in February, 2014, and was essentially the beginning of the Paisley Project. Founder Karyl McKendry didn't want to face another Valentine's Day alone with her grief and decided to host a gathering of the widows she knew for an alternative to the typical romantic holiday.

Eight women gathered in Karyl's small condo, drank wine and ate lots of chocolate and cheese. There was also a lot of laughter, irreverent humor, story-telling, and comfort. It turned out to be a magical evening, and the start of an annual event.

Join us for our gathering. There will still be wine and cheese and chocolate. And we can be our own valentines.

WHERE IS THE EVENT?

At the private home of one of our Paisley Project members.

WHO IS INVITED TO ATTEND?

All widows, whether they are new to the Paisley Project, or have been involved before, are invited!

HOW DO I JOIN?

Send us a message through the Contact Page. We will respond with the address and any other details.



BENEFITS OF EATING CHOCOLATE

- Lowers blood pressure
- Lowers cholesterol
- Lifts depression
- Provides anti-aging effects
- Increases blood flow to the brain and heart
- 12 grams of organic dark chocolate each day lead to multiple health benefits.
- Contains eight times the antioxidants found in strawberries